



The Wissahickon  
Wanderers Running Club  
is Proud to Host:

# The 2012 Philadelphia Regional Running Clubs Track Meet (Aug. 28)

**Tuesday Evening August 28, 2012 – First Race at 6:30 p.m.**



**ROXBOROUGH HIGH SCHOOL TRACK**  
4701 Pechin Street, Philadelphia, PA 19128

**SPONSORED by NEW BALANCE SHOES**  
**and BRYN MAWR RUNNING COMPANY**

**ALL AGES/ABILITIES WELCOME**  
*Electronically timed ~ Cookout afterwards*

**SPECIAL CLUB PRIZE**

There will be a special relay just for Running Clubs at the end of the meet. **The winning Running Club will be awarded the Mayor's Cup** designating relay supremacy in the Philadelphia region!



**CONTACT:** Meet Director: Dan Gordon [dgordon95@comcast.net](mailto:dgordon95@comcast.net), 215-849-9080

## REGISTRATION / SCHEDULE OF EVENTS:

**Online registration at <http://WanderersRunningClub.org/...> (up until 1 day before the event)**

Check the [Wanderers website](http://WanderersRunningClub.org/...) for rain dates and cancellation information on race day.

**Check** (to participate)

- 3,200 meters at 6:30 pm
- 800 meters at 6:50 pm
- 400 meters at 7:10 pm
- 1 Mile at 7:20 pm
- Relay (1,200, 400, 800, Mile) at 7:45 pm

**FREE Cookout for participants afterwards**

**Circle one** (\$5 for first event,  
\$3 for each additional event)

- \$ 3 or \$ 5
- \$ 3 or \$ 5
- \$ 3 or \$ 5
- \$ 3 or \$ 5
- \$ 5 (once per relay team)

**Total** \$ \_\_\_\_\_

**Instructions:**

Please **bring completed form and payment** with you to the Meet.

Exact change (**cash**) is appreciated.  
Please make **checks payable to "WISSAHICKON WANDERERS"**.

**Name:** \_\_\_\_\_ **E-Mail:** \_\_\_\_\_

**Phone:** (\_\_\_\_) \_\_\_\_\_ **Meet Date:** 8/28/2012 **Age on Meet Date:** \_\_\_\_\_ **Gender (M or F)** \_\_\_\_\_

**Club Affiliation (if any):** \_\_\_\_\_

**Waiver:** In submitting this form, I, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have now or here after arising against the Wissahickon Wanderers 2012 Track Meet, all sponsors and race administrators, and their employees, officers, directors, principals, agents, representatives, successors, and assigns, including but not limited to any and all claims of damages, injuries, demands, actions, whatsoever, however they may occur, arising as a result of my participation in said event.

I acknowledge that I am aware of the inherent risks in participating in an athletic event of this type. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to any and all of the foregoing to use my name, my voice, and/or my picture in any broadcast, telecast, advertising, promotion or other account of this event for any purposes whatsoever.

**Signed** (if under 18, parent/guardian):

**Date:**