



The Wissahickon Wanderers are proud to present the inaugural running of the

Winter Solstice Trail 10k

\$25 Valley Green Inn Gift Certificate **Prizes** for Top Finishers

This is a **100% free 10k event** that is open to runners of all ages and ability levels.

The "Trail 10k" course features glimpses of all that the Wissahickon has to offer, including steep climbs, miles of single-track, rolling descents, a "hidden" trail, scenic bridges, and a fast finish along Forbidden Drive. GPS course on the website. One water (and eggnog/fruit cake) station will be located at mile 3. Course designed by Sean Reisman, with timing by Fast Cat Sports.

SUNDAY DECEMBER 21, 2014 at 9 a.m.

Start/Finish at the **Valley Green Inn** in the Wissahickon.

Event details, course, t-shirt ordering:

WanderersRunningClub.org or facebook.com/groups/wissahickonwanderers/

SAVE TIME on race day: fill out and bring the waiver below!

WISSAHICKON WANDERERS WINTER SOLSTICE 10k WAIVER

In submitting this form, I, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have now or here after arising against the Wissahickon Wanderers Solstice Trail 10K, all sponsors and race administrators, and their employees, officers, directors, principals, agents, representatives, successors, and assigns, including but not limited to any and all claims of damages, injuries, demands, actions, whatsoever, however they may occur, arising as a result of my participation in said event.

I acknowledge that I am aware of the inherent risks in participating in an athletic event of this type. I attest and verify that I am physically fit and have sufficiently trained for the completion of this event. Furthermore, I hereby grant full permission to any and all of the foregoing to use my name, my voice, and/or my picture in any broadcast, telecast, advertising, promotion or other account of this event for any purposes whatsoever.

NAME (print) _____

SIGNATURE: _____ DATE: _____

ADDRESS: _____

CITY _____ STATE _____ ZIP CODE _____

EMAIL ADDRESS: _____

(note: we do not share any personal information with any third party for any reason!)



Show your support by buying a race t-shirt. 100% of the proceeds will go towards race expenses. Shirt deadline is December 11th

