

# 33<sup>rd</sup> Annual Harrisburg Select Medical Marathon and Relay: Palombaro and Vollweiler Take Top Honors

By Walt Greene

**HARRISBURG, PA**—Matt Palombaro, 29, of Elkins Park led a field of 507 finishers on November 13, with a time of 2:40:38 and earned his first career marathon win. Jill Vollweiler, 37, of Purchase, NY led all the women for her third marathon victory, and finished 11th overall with a time of 2:57:51.

Palombaro was leading by only one second at the halfway point, and then proceeded to open up his lead and finished nearly five minutes ahead of the second place finisher, Tom Lipsie, 38, of Indiana who finished with a time of 2:45:22. Vollweiler held onto a commanding lead among the women and finished nearly six minutes ahead of the second place woman, Conni Grace, 43, of Poughquag, NY, who finished 20th overall with a time of 3:03:28.

Frank Leiter, 33, of Harrisburg led all local runners with 2:54:46, good for sixth place and second in his age group. Richard Fesler, 24, of Camp Hill was seventh with 2:55:09 and took first in his age group. Jim Honchar, 41, of Dillsburg finished 23rd overall with a time of 3:05:29.

Two-time Harrisburg Marathon winner (1981 and 1984) Rick Blood, 47, of Summerdale finished eighth overall with 2:55:40, and received the first Masters award. Blood's 2:21:38 winning time in 1981 still stands today as the fastest for the Harrisburg Marathon. In September, Blood finished second in the Hershey's Half-Marathon with a time of 1:16:20.

This year's marathon had entries from seven of the eight runners that have completed twenty or more Harrisburg Marathons. Park Barner, 61, of Harrisburg and Mike Ranck, 54, of Deer Lake have finished all 33 marathons. Hap Miller, 62, of Carlisle has 31 to his credit. Miller's time was 3:39:21 and he was second in his age group. Dwight Edris, 59, of Leesport finished his 25th Harrisburg Marathon with a time of 3:14:57. Nick Marshall, 57, of Camp Hill finished his 21st with a time of 4:21:15.

Eight relay teams finished under three hours with the all-male team A Running Start finishing first with a

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time of 2:37:09. Team runners included Jason Manbeck, Greg Deland, Nathan Manbeck, and anchor-leg runner Mark Boyer. The first mixed team was again the Flintstones who finished third overall with a time of 2:47:06. Team runners included Bridget Danner, Todd Pontius, Corey Creek, and anchor-leg runner Mike Fulton. The first High School team was the Hershey Pwners with Jamison Monahan, Kieran Dowling, Zachary Gebhenson, and anchor-leg runner Brian Beachler. They finished fifth overall with 2:50:07.

Select Medical Corporation continued as the major sponsor of the Harrisburg Marathon for the third year in a row. This was also the third year for Race Director Mary Alice McClintock. During this period, the marathon registration numbers have increased from 380 in 2003 to 552 this year. Much of the credit should go to McClintock's follow-through with the major sponsor, Select Medical Corporation and the company's staff of volunteers, plus other sponsors such as Weis, Reebok, and Crystal Spring Water.

Former marathon world record holder Steve Jones and Select Medical Corp. executive Robert Ortenzio were the co-starters of the marathon and relay in front of the Capitol Building at Third and State Streets. The race finished in front of the Carousel Field Pavilion on City Island where Dr. Allan Grossman of the Harrisburg Foot and Ankle Center and his special medical-assistance group were on hand to provide aid to the runners.

For more marathon information, results, and special photos of runners, please check the Web site at [www.harrisburgmarathon.com](http://www.harrisburgmarathon.com). Next year's marathon will be on **Sunday, November 12, 2006**.

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## MALE

### Overall

1. Matt Palombaro.....2:40:38
2. Tom Lipsie.....2:45:22
3. Paul Leonard.....2:46:12

### Masters

1. Rick Blood.....2:55:40
2. Walter Bird.....2:57:05
3. Tukuza Mlambo.....2:58:29

### 19 and Under

1. Guillermo Munoz.....3:07:57
2. Dan LaSota.....3:14:48
3. Joel Johnson.....3:16:16

### 20-24

1. Richard Fesler.....2:55:09
2. David Rod.....3:06:56
3. David Crown.....3:09:20

### 25-29

1. Bob Di Marco.....3:03:09
2. Steve Tecau.....3:34:11
3. Keith Richardson.....3:41:07

### 30-34

1. Arthur Remillard.....2:51:34
2. Frank Leiter.....2:54:46
3. Troy McBride.....3:00:23
4. Chris Moore.....3:02:23

### 35-39

1. Peter Keating.....2:53:27
2. Mark Olson.....2:55:57
3. Ken Bear.....2:59:56

### 40-44

1. Joel Duttera.....3:02:35
2. Martin Seybold.....3:04:39
3. Jim Honchar.....3:05:29

### 45-49

1. Mike Price.....3:01:27
2. Mark Courtney.....3:05:20
3. Tony Harbert.....3:06:31
4. Ron Blake.....3:08:45

### 50-54

1. Jeffrey Brandt.....3:06:16
2. Chris Moosey.....3:09:50
3. Douglas Killian.....3:15:32
4. Joe Zern.....3:19:59

### 55-59

1. Dwight Edris.....3:14:57
2. Larry Wojcik.....3:31:55
3. Charles Fahey.....3:34:22

### 60-64

1. Steve Farrah.....3:36:25
2. Hap Miller.....3:39:21
3. Karl Robinson.....3:42:35

## 65 and Over

1. George Stump.....4:47:18
2. Lauri Kanninen.....5:06:40

## FEMALE

### Overall

1. Jill Vollweiler.....2:57:51
2. Conni Grace.....3:03:28
3. Kathy Remillard.....3:15:12

### Masters

1. Mimi Newcomer.....3:31:34
2. Barbara Gorka.....3:38:31

### 19 and Under

1. Julianne Rupp.....4:08:48
2. Rebekah Arbogast.....4:10:38

### 20-24

1. Jessica Ellerman.....3:26:28
2. Morgan Windram.....3:28:28
3. Jennifer Barnes.....3:34:51

### 25-29

1. Heather Joy.....3:36:08
2. Stef Glecos.....3:38:35
3. Chris Di Marco.....3:42:33

### 30-34

1. Michaele Roat.....3:29:39
2. Jen Ma.....3:33:54
3. Karyn Furlong.....3:38:06

### 35-39

1. Wendy Walsh.....3:30:21
2. Harriett Hunter.....3:35:29
3. Tania Anderson.....3:41:06

### 40-44

1. Susan Steinbach.....3:40:47
2. Lisa Mahall.....3:45:16
3. Stephanie Miller.....3:45:18

### 45-49

1. Chris Lavallee.....3:42:48
2. Pookie Barnes.....3:45:11
3. Cindy Anne Johnston.....3:47:27

### 50-54

1. Laura Burger.....3:47:38
2. Karen Mitchell.....4:05:36
3. Brenna Wist.....4:07:34

### 55-59

1. Sharyn Slick.....4:24:08
2. Chuang Chang.....5:09:35

### 60-64

1. Ruth Liebowitz.....4:12:51
2. Marion Landry.....4:55:19

## 65 and Over

1. Celeste Fondaco.....4:25:34



Matthew Palombaro, 29, wins the 33rd Annual Harrisburg Select Medical Marathon with a time of 2:40:38.



Heather Joy as she finishes the 33rd Annual Harrisburg Select Medical Marathon and Relay.



Jill Vollweiler is all smiles as she crosses the finish and takes top honors for the women.

Clay Shaw photos

Rick Blood, 47, a two-time Harrisburg Marathon winner, finishes eighth with a time of 2:55:40.