

Race report and photos: <http://www.WanderersRunningClub.org>**ONE MILE - First Heat**

Place	Name	Time
1	Chuck Shields	4:54
2	Austin Gee	4:57
3	Daniel Lyons	5:16
4	Kevin Gruenfeld	5:18
5	Pete Michener	5:23
6	Matt Stanley	5:46
7	Brian Hammock	5:47
8	Sebastiaan Zalen	5:50
9	Shanley Rassler	6:02
10	Tyrone "T-Bone" Moore	6:08
11	Phil Harris, Jr.	6:13
12	Michael Terrell	6:54

**ONE MILE - Second Heat**

Place	Name	Time
1	Juan Medina	6:02
2	Scott Irrgang	6:02.5
3	James Thorpe	6:03
4	Shawn Korengay	6:27
5	John Seay	6:27.4
6	David Mayersky	6:42
7	Stacy Stone	7:06
8	Eric Pierce	7:07
9	Monika Serrano	7:09
10	Tyrone "T-Bone" Moore	7:12
11	Bruce Gilbert	7:13
12	Troy Greene	7:18
13	Delaney Irrgang	7:26
14	Jesse Walgemuth	7:57
15	Peter Churchman	7:57.5
16	Mark Guyton	8:30
17	Alice Vroome	8:31
18	Reginald Ford	8:35
19	Laura Shumaker	8:36
20	Denise Irrgang	9:54
21	Derrick Rowland	11:13

**400m - First Heat**

Place	Name	Time
1	Remus Furr	00:54:58
2	Jordan May	00:54:59
3	Syiee Parker	01:03:00
4	Dwayne Bonam	01:06:00
5	Leslie Alston	01:12:00

**400m - Second Heat**

Place	Name	Time
1	Joe Fulcher	00:59:75
2	Brian Hammock	01:02:06
3	Lavon Mason	01:03:04
4	Zach Wall	01:04:06
5	Matt Stanley	01:09:04
6	Shanley Rassler	01:14:03
7	Ricardo Maldonado	01:20:02
8	Andrew Lofton, Jr.	01:20:09
9	Jameraquai May	01:23:08
10	Jesse Walgemuth	01:43:09

**400m - Third Heat**

Place	Name	Time
1	Paul Upshur	01:05:08
2	Derrick Hopkins	01:11:07
3	Scott Irrgang	01:12:04
4	Phil Harris, Jr.	01:14:07
5	Dennis Diggs	01:15:05
6	Jean Wolfe	01:22:08
7	Delaney Irrgang	01:26:05
8	Bertram Wheeler	01:31:02
9	Jeremy Moore	01:31:04
10	Sydney Dasent	01:31:08
11	Jen Gervasi	01:32:02
12	Thomas Lofton	01:35:02
13	Mark Guyton	02:29:05

Race report and photos: <http://www.WanderersRunningClub.org>**800m**

Place	Name	Time
1	Tom Haxton	2:10
2	Chuck Shields	2:14
3	Philip Ranly	2:14.7
4	Jamie Steen	2:22
5	Jordan May	2:27
6	Daniel Lyons	2:30
7	Zach Wall	2:41
8	Brian Hammock	2:48
9	Shanley Rassler	2:49
10	Ann Mahlum	2:51
11	Matt Stanley	2:53
12	Tyrone "T-Bone" Moore	2:57
13	David Mayersky	3:04
14	Phil Harris, Jr.	3:08
15	Monika Serrano	3:11
16	Leslie Alston	3:14
17	Bruce Gilbert	3:15
18	Dennis Diggs	3:22
19	Andrew Lofton, Jr.	3:26
20	Jen Gervasi	3:40

**5000m**

Place	Name	Time
1	Tom Haxton	16:13:00
2	Steve Jaconetti	18:22:00
3	Heidi Bretscher	18:55:00
4	Brendan Landers	19:50:00
5	Devon Everhart	19:56:00
6	Jaime Molyneux	20:00:00
7	Sebastian Zalen	20:58:00
8	John Seay	24:44:00
9	Phil Harris, Jr.	24:48:00
10	James Sherman Flint	26:02:00

**3000m**

Place	Name	Time
1	Tom Haxton	9:22
2	Michael Daigeavn	9:42
3	Peter Churchman	11:02
4	James Thorpe	11:29
5	Phil Harris, Jr.	13:27
6	Shawn Kornegay	13:54
7	Darly Medley	14:57
8	Tyrone Williams	16:45
9	Stephen Penna	16:54