



Wissahickon Wanderers Running Club

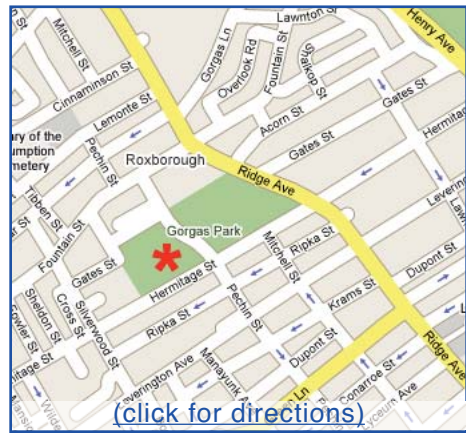
www.WanderersRunningClub.org

8th Annual "All-Comers Distance Track Meet"

Tuesday, August 16, 2011 starting at 6 p.m.
Registration starts at 5:30 p.m. (note the earlier time!)
(RAIN DATE: Tuesday, Aug. 23; check [our site](#) for up-to-date info.)

Roxborough High School Track

(just off Ridge Avenue at the [intersection of Hermitage and Pechin streets](#) in the Roxborough section of Philadelphia.)



Events:

To ensure things run more smoothly and end sooner, the event starts 30 minutes earlier plus we have pre-registered a large number of participants into designated heats.

In order (1 » 6):

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|------------------------------|-------------------|
| 1. 400 Meters (gun @ 6 p.m.) | 4. 5,000 Meters |
| 2. 800 Meters | 5. 3,000 Meters |
| 3. 1 Mile | 6. Relay (medley) |

Pricing/Food:

\$5 per race; \$3 per race for multiple races; Students for free.
Food prepared by various Wanderers.

Runners of all abilities welcome!

Additional Information:

Call Dan Gordon at 215-849-9080 or visit us on the web: WanderersRunningClub.org

