

**SUMMER 2012
GERMANTOWN
ACADEMY**



**ALL-COMERS
TRACK & FIELD
MEET**

Tuesday Evening July 24 (Meet Series Finale)

**NEWLY-CONSTRUCTED CAREY STADIUM & ATHLETIC COMPLEX
340 MORRIS ROAD FORT WASHINGTON, PA 19034 (convenient to PA Turnpike Exit #339)**

**MEET SANCTIONED BY USA TRACK & FIELD
*ALL AGES WELCOME***

BSS 100 six-lane 400m track and jump runways. Two shot put circles, two high jump venues, two long jump/triple jump pits, and two pole vault boxes (pits can be moved so wind at vaulter's back). Shot Put and Discus thrown from concrete. Javelin thrown from grass. Short spikes only (1/4" max). **FULLY AUTOMATIC TIMING. Separate heats/flights for athletes 14-and-older and 13-and-younger.** Concessions available. All proceeds benefit Germantown Academy athletic facilities.

REGISTRATION: Except for hurdlers, registration is *Day-of-Meet Only* (opens at 4:30 pm): \$10 - one event; \$5 each additional event; relays are free. Discounts available for youth track clubs that provide experienced meet volunteers (contact either Meet Director one week before meet). **In order that the hurdle events run efficiently, ALL HURDLERS MUST PRE-REGISTER BY CONTACTING EITHER MEET DIRECTOR BY SUNDAY BEFORE MEET** (pay at the meet). *Registration for the following events will close 15 minutes before their scheduled start: Mile RW, Sprint Hurdles, 100m, Discus and High Jump.*

SCHEDULE OF EVENTS

Track Events (14-and-older heats followed by 13-and-younger heats)

5:45pm: Mile Racewalk (unjudged). 6:00pm: Sprint Hurdles (100/110/80m).

Rolling starting times beginning at 6:15pm: 100m, Mile, 400m, Long Hurdles (400/200/300m), 800m, 200m, 3000m,

Relays (upon request and enough daylight to run safely).

Field Events (Max 3 Throws/Jumps, except for HJ and PV; Competitors must supply their own implements)

5:30pm: Pole Vault. 6:00pm: Discus, Javelin follows Discus, Shot Put follows Javelin.

6:00pm: High Jump, Long Jump (open pit until 7:30pm), Triple Jump (open pit from 7:45pm).

CONTACT: Meet Directors: Tom Taft tomtaft71@gmail.com, 215-778-6968 or Kyle Mecklenborg, krmeck@verizon.net, 215-393-1382

DIRECTIONS: www.germantownacademy.net/campus-life/athletics/directions-parking

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(Please print clearly)

Name: _____ **E-Mail:** _____

Phone: (____) _____ **Meet Date:** _____ **Age on Meet Date:** _____ **Gender (M or F)** _____

Individual Events Entered: _____, _____, _____, _____, _____

Club Affiliation: _____

Amount: \$ _____ Make checks payable to: *Germantown Academy*. **Meets will be held *Rain or Shine*.** For meet results go to PennTrack and for the latest meet info: www.germantownacademy.net -- look for link on the GA homepage to the summer track meet page.

Waiver: In consideration of your accepting my entry in this meet, I waive my right to sue Germantown Academy, USA Track & Field, and any and all organizations and individuals associated with this meet for any injuries, damages, and losses I may sustain in connection with said meet. This waiver binds my heirs, administrators, and assigns, as well as me. I issue permission to use my name and/or image for publicity in print or video.

Signed (if under 18, parent/guardian): _____ **Date:** _____