

Free Community Education Event

Importance of Dynamic Core Stability for the Runner: Implications for Injury Prevention and Recovery



Presented by:
Dr. Brian Eckenrode, PT, DPT, OCS
Dr. Scott Stackhouse, PT, PhD
Educational and interactive presentation for runners of all ages and abilities followed by a Q & A.

Tuesday May 28, 2013
7:00pm to 8:30pm
Arcadia University, Glenside, PA
Health Sciences Center